

**Journal Question  
4-17-19**

"What are some treatment options a person has available if they want to stop using drugs?"

Oct 20-10:22 AM

**Signs that a Teen Is Misusing or Abusing Drugs**

Drug dependence – compelling need to take a drug even though it harms the body, mind, and relationships; “hooked” on drugs

Tolerance – body becomes used to a substance

Withdrawal symptoms – unpleasant reactions experienced when drug use is stopped

Ex – nausea, vomiting, fatigue, stomach cramps, depression, shaking, thoughts of suicide

Psychological dependence – desire for a drug for emotional reasons

Ex – stress - - - - - cigarettes

Oct 20-10:13 AM

**Signs a Person Misuses or Abuses Drugs**

1. Do you take large amounts of a drug for no medical reason?
2. Have you taken a drug for a longer period of time than it was prescribed?
3. Have you developed tolerance to a drug?
4. Do you experience withdrawal symptoms when you stop using a drug you are taking?
5. Have you tried to stop using a drug with no success?
6. Do you spend time trying to get a drug that is not prescribed for you?
7. Do you spend most of your time planning future drug use?
8. Do you spend lots of time recovering from a hangover or other effects of a drug?
9. Do you give up activities, such as school clubs or sports, to make it easier to use drugs?
10. Do you continue to use a drug even though it is causing you problems?

Sep 16-8:20 AM

**Treatment Options for People Who Abuse Drugs**

Denial – refusing to admit there is a problem

Formal intervention – action by people who want a person to get treatment for a problem

Ex – counselor

Outpatient care – no overnight stay

Inpatient care – overnight

Ex – AA

Oct 20-10:20 AM

**Why Does Drug Use Increase the Risk of Accidents and Violence**

Drug trafficking – illegal production, distribution, sales, and purchase of drugs

Rape – threatened or actual use of physical force to get someone to have sex without consent

Drug slipping – placing a drug in someone’s food or beverage without the person’s knowledge

\*Slipper can be charged with homicide.

‘Date Rape Drugs’ – roofies, ecstasy, etc. (cause sleepiness, some memory loss)

Sep 16-8:23 AM

**Ways to Protect Yourself from Drug Slipping**

1. Always keep your food and beverage in sight.
2. Serve your own food or beverage when possible.
3. Don’t accept a drink in an open container from someone you do not know.
4. Avoid situations where there is teen drug use.
5. Call your parent or guardian immediately if you suspect drug use.

Sep 16-8:25 AM